



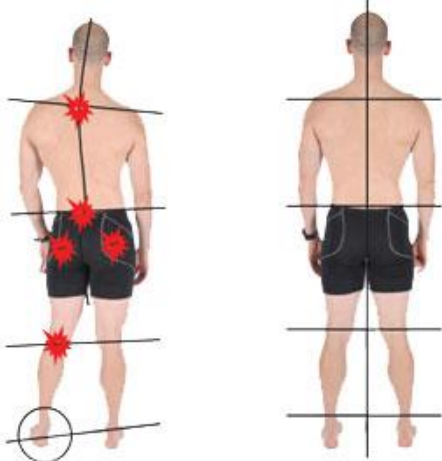
FREDERICK FOOT & ANKLE

MYNEWFEET.COM

Offering Custom Orthotics



Before | After



COLLAPSED ARCH

ORTHOTIC CORRECTION



Why are Custom Orthotics Used?

- Off-loading painful areas of the foot
- Correct an abnormal walking pattern
- Support the foot arch
- Re-align foot posture
- Help alleviate lower back pain
- Bring knees back into alignment
- Decrease minor limb length discrepancy
- Support flat feet

Custom Orthotics can be made with many variations:

- Metatarsal pads
- Heel Cups
- Lateral Flange
- Scaphoid Pad
- Heel Spur Cut Out
- Rear Foot Posting



Frederick Office: Now Open Saturdays

(unless attached to a holiday)

Frederick Office

141 Thomas Johnson Dr. Suite 170
Frederick, MD 21702

Urbana Office

3430 Worthington Blvd. Suite 201
Urbana, MD 21704

Martinsburg Office

123 Health Care Lane
Martinsburg, WV 25401